

## **TherapyBeats Progress Note**

**Child's Name or Initials:**

\_\_\_\_\_

**Beat Pattern:** \_\_\_\_\_

**Movement Pattern: (if used)** \_\_\_\_\_

**Subjective Behavior: (calm, distracted, etc.)** \_\_\_\_\_

\_\_\_\_\_

**Goal:** \_\_\_\_\_

| <b><u>Date</u></b> | <b><u>Pre-Heart Rate</u></b> | <b><u># x Completion</u></b> | <b><u>Post Heart Rate</u></b> |
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**Plan:** \_\_\_\_\_

**Completed by:** \_\_\_\_\_

**(Notes: See Resources page on How to Measure Heart Rate**

**See Resources page on Progressive Movement Patterns**

**Number of Times Presented/Number Completed Example: 2/10**